



General Guidelines and Things to Remember About Coming to ALAS!

Please see our website for social stories you can share with your participant about coming to ALAS. Here are a few things we ask you keep in mind as you get ready to come to program.

1. There are NO NUT PRODUCTS OF ANY KIND allowed at program due to serious allergies.
2. You will receive a schedule and notes from the program manager every week. Please read it carefully and note when you need special things like swim suits and outdoor clothes. If your participant does not have the required accessories for activities, they may have to sit out – no fun for anyone!
3. We provide lunch and other food on snacks at various points, if your participant does not like it, has sensitivities or can't partake in that kind of food please send an alternative.
4. Please drop your participant off at program no later than 9am. We generally have a morning activity out of the center. We like participants to be present for the morning routines, so they can transition into program, understand the schedule and connect with their friends in the gab session. Please call or text if you are running late, we understand things happen!
5. Our snow day policy is: Program is running UNLESS you hear, likely through email, from the program manager. PLEASE EXERCISE YOUR OWN CAUTION when driving in severe weather. At program we may have to modify activities due to ice, heavy snow, heavy rain ect.
6. Please send appropriate clothes for your participant TO BE OUTSIDE. We do a lot of walking, we wait at the bus stop, do volunteer projects outside.

Proper attire is needed. If you participant is not wearing clothes that will protect them (i.e. winter boots when it is -20 and frost bite is a real risk) they may have to sit out of activities or stay in the center for their own health and well being.

7. We expect that coats and bags stay in the coatroom. Lunches go in the kitchen. Participants may bring personal items such as iPod, books, word searches, for down times, or you choose times.
8. We do have a video game system at program that participants may use during *designated* times.

There are additional resources on our website to help you get to know how program runs. You can always call the program and talk to the Program Manager or one of the staff – 519 938 7866